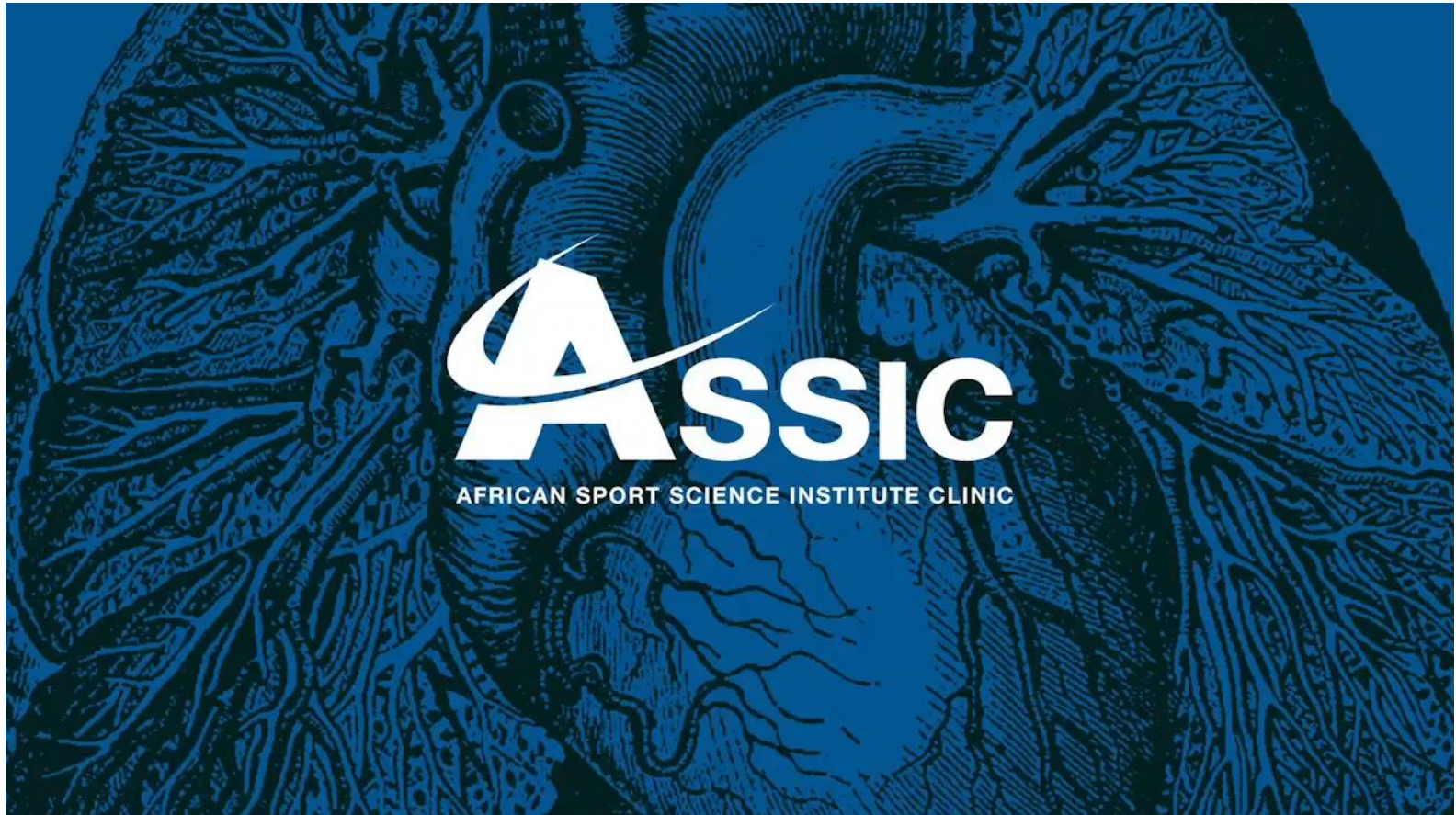




SO, WHAT ARE WE LAUNCHING ?





Fight against COVID-19

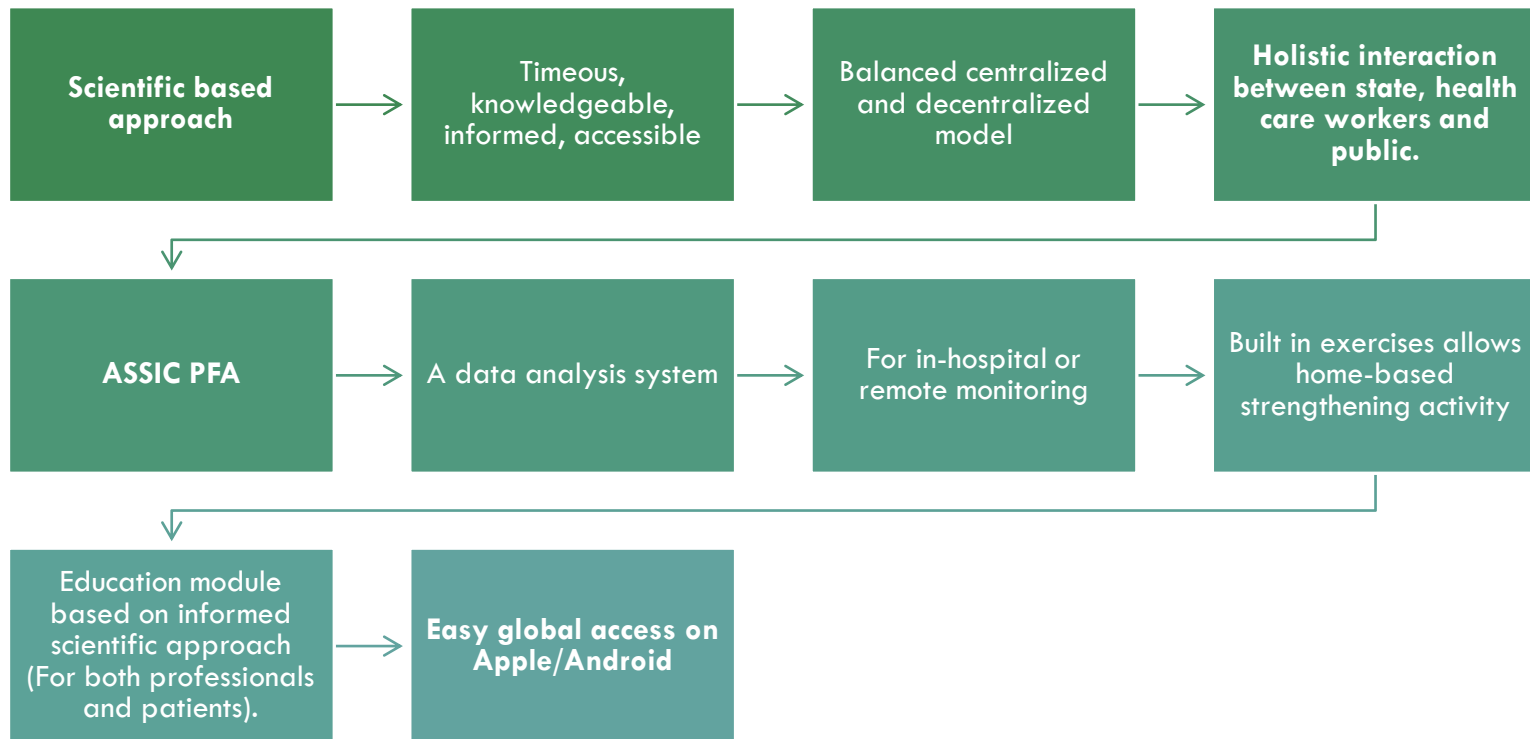


“EMPOWERING PATIENTS
AND PROFESSIONALS WITH
HEALTH OWNERSHIP
THROUGH A HOLISTIC IN-
APP MANAGEMENT
STRATEGIC PLAN WITHIN A
PERIPHERALIZATION
HEALTH CARE APPROACH”

Pushing yourself ‘beyond
biological barriers’ using
ASSIC Performance
Fingerprint App (PFA)



ASSIC PERFORMANCE FINGERPRINT APP (PFA)





PFA IMPACT ON HEALTH CARE SYSTEM



Allows patient monitoring

In patients

Home or in any other isolation for patients not requiring in-hospital care
“Peripheralization” strategy Patients monitored remotely
(Remote login by health professionals)



Includes:

Health parameters can be monitored over any time frame



Temperature, Heart Rate (Built in), BP, Respiratory Rate



Analytics Component with Graphic Representation



To assess changing health parameters to plan interventions

A built-in feature of exercise and/or rehabilitation routines

Exercise Component for prevention of Deep Vein Thrombosis



PF has library of exercise routines available or you can create your own exercise routine. The App has unique built in fitness feature allowing you to monitor your fitness while performing exercises.



REHABILITATION

Library of rehabilitation and health prevention routines e.g. Deep Vein Thrombosis (DVT) routine to prevent leg blood clots thereby reducing risk of death during times of patient immobility.

PFA IMPACT ON HEALTH CARE SYSTEM



National health authorities to monitor pandemic



Remote Liaison with Health care workers carrying out home-based care

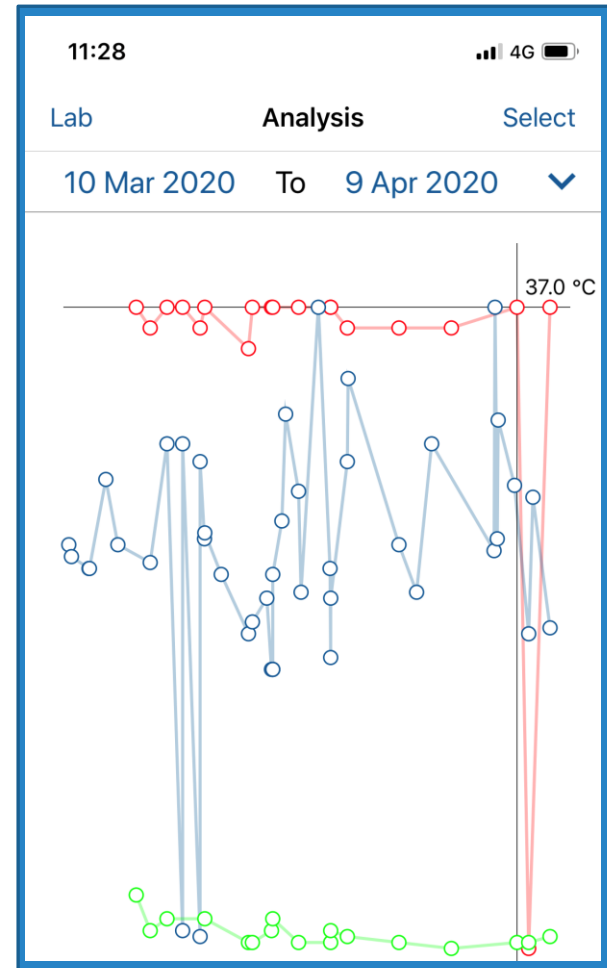


Clinics/hospitals: Plan interventions

“PERIPHERALIZATION STRATEGY PLAN”



ANALYTICS





ASSIC hosts physiologic/health/exercise/COVID19 related education material

ASSIC has a section in ASSIC website called biomarkers. In this section the laboratories blood parameters of significance is hosted.

- Basic blood testing of inflammatory markers: WCC/ESR/CRP & COVID19 prognosis
- Biomarkers of specific exercise performance concerns

ASSIC website will provide education on basics for patients:

- What is normal temperature
- What is normal respiratory rate and how to measure it
- Resting HR and how to measure it on ASSIC in built HR monitoring system
- Recovery HR and how to use it: Information for athletes
- COVID19 information
- Exercise and rehabilitation routines

EDUCATION
WWW.ASSICHEALTH.COM



ANNEXURE

How to navigate in PF

How to enter COVID19 data and analyze data

How to create exercise routine and monitor fitness



HOW TO NAVIGATE IN PF

Bottom of app you can choose home profile, analysis or workout

Profile:

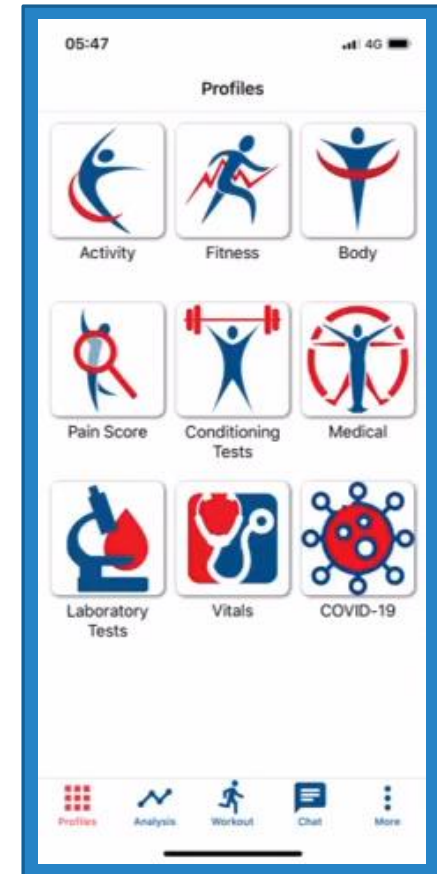
- On home profile page all profiles appear
- Choose any of your profiles & enter data

Analysis:

- Choose health parameter and time frame to view your data analytics

Workout section:

- Choose measuring of fitness heart rate at rest, at recovery or perform fitness test
- Create or choose exercise routines by selecting strength & conditioning section





HOW TO ENTER COVID19 DATA & ANALYZE IN PF

Entering COVID19 data:

Go to home profile
Select COVID19 profile
Enter health data

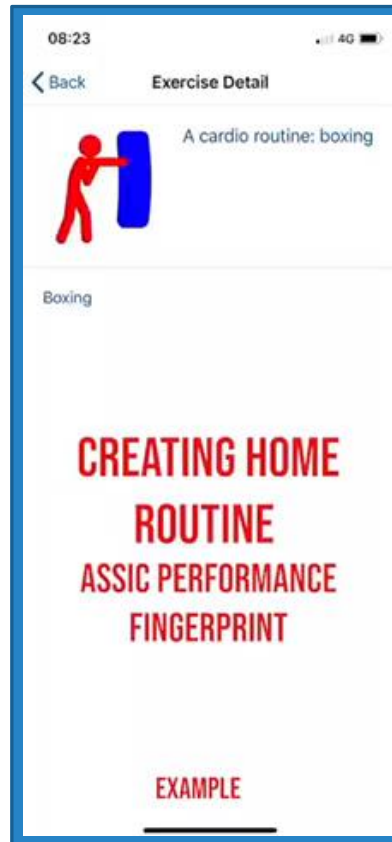
Analysis:

- Select analysis
- Select the Covid19 relevant health parameters
- Choose the time frame & view results





HOW TO CREATE EXERCISE ROUTINE AND MONITOR FITNESS





THANK YOU

